

SWEET POTATO



The best thing since sliced bread







# SWEET POTATO SLIDOS

Blanched sweet potato slices ready to cook. **Simply Fry, Grill or Roast** your slice until nice and crispy and you're ready to load with your choice of mouth watering toppings!



Healthy carbs



Gluten Free



Perfect for Breakfast and Brunch menus

# **Meal suggestions**

- Load with your favourite toppings. Try bacon and eggs, roasted tomatoes or go sweet with peanut butter, berries and a drizzle of honey.
- Use as sweet potato 'Sliders' - replace the bun with battered sweet potato slices.
- A perfect addition to a classic roast.
- · Great as mini pizzas.



Product description	Sweet Potato Slidos 10mm thick, blanched sweet potato slices	
Pack size	2kg bag	
Units per Carton	5 x 2kg p/carton	
Barcode Number	09421905763370	

#### **Ingredients**

Yellow sweet potato. Product of Vietnam.

### Storage

Store frozen at or below -18°C. Cook from frozen. If accidentally thawed do not refreeze; chill and use within 48 hours and adjust cook time.

## **Nutritional Information**

Servings per pack: 20 Serving size: 100g

Avgerage Quantity	per serving	per 100g
Energy	305kJ	305kJ
Protein	2g	2g
Fat	0.2g	0.2g
- saturated	0.1g	0.1g
Carbohydrate	21g	21g
- sugars	6.5g	6.5g
Sodium	36mg	36mg